

PHYTOMER

Spa & Wellness 

PHYTOMER

Spa & Wellness 

Welcome to our relaxing oasis in the heart of Paris.

In 2015, PHYTOMER, known for its natural skincare made in Brittany, created PHYTOMER Spa & Wellness to share its vision of beauty and well-being. This vision is now elegantly expressed in three unique spas:

In Saint-Malo, the brand's birthplace, at PHYTOMER Spa Émeraude: A rejuvenating place in a peaceful garden, near the most beautiful beaches.

In Paris's 8th arrondissement, at PHYTOMER Spa Étoile: A sophisticated establishment inviting relaxation, just steps from the iconic Champs-Élysées.

In Paris's 16th arrondissement, at PHYTOMER Spa Trocadéro: A spa celebrating nature and well-being, at the foot of the Eiffel Tower, in the Passy district.

Our team is here to offer you a personalized treatment program that prioritizes relaxation.

And now, let's take care of you...



Customized Treatments



At PHYTOMER Spa and Wellness, we take care of your skin with PHYTOMER products, manufactured in our laboratories in Brittany, France, with respect for the environment, using the most effective natural ingredients. We combine this with professional massage methods and a multitude of thoughtful touches to make you feel good.

We complete our face care menu with the VIE COLLECTION brand, a high-performance anti-aging line inspired by aesthetic medicine, which is also part of the PHYTOMER family.



ANTI-AGING FACIAL TREATMENTS



SUPREME YOUTH PIONEER | SIGNATURE TREATMENT

PHYTOMER

Ultimate Facial Treatment • 1h30

This premium treatment restores the skin's freshness, youth and radiance. Its exceptional massage of the entire face and décolleté visibly smooths the skin while delivering absolute wellness. Throughout the treatment, the back is enriched with trace elements and a relaxing sensation of gentle warmth.

OLIGOFORCE LUMINATION

PHYTOMER

Complexion - Dark Spots - Wrinkles Treatment • 1h

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a tissue mask enriched in vitamin B3 and trace elements, to bathe the skin in light.

EXPERT YOUTH

PHYTOMER

Wrinkle Correction Treatment • 1h

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and replump the face. Includes a back massage and the application of Self-Heating Marine Mud.

Opt for an exceptional youth treatment course

SUPREME YOUTH TREATMENT COURSE | NEW

PHYTOMER

5 Anti-Aging Facial Treatments and 3 Exceptional Products

Choose excellence for your skin with 3 Supreme Youth Pioneer treatments
& 2 Oligoforce Lumination treatments.

Continue the Youth experience at home with 3 ultra-performing anti-aging products.

An exceptional youth treatment course that combines cutting-edge marine active ingredients with powerful youth formulas for visible results on wrinkles . firmness . spots . radiance from the 1st treatment.

DERMO-COSMETIC FACIAL TREATMENTS

ULTRA-CONCENTRATED ACID PEEL

Renewing Resurfacing Treatment with 20% Glycolic Acid • 50 min

A comprehensive program combining exfoliation, glycolic acid peel, massage, mask, and radiance serum. Designed to reveal glowing, brightened, fresh, and even skin. The ultimate spot treatment to kickstart an anti-aging treatment course.



3-DIMENSION WRINKLE I | SIGNATURE TREATMENT

Anti-Wrinkle Treatment with Botox-Like Peptides and Hyaluronic Acid • 50 min

A complementary or alternative protocol to Botox, hyaluronic acid, and growth factor injections to smooth out all wrinkles. Three steps for precise, comprehensive, and effective action on established lines.



PRO-COLLAGEN I | NEW

Lifting and Firming Treatment with Pro-Collagen Peptides • 50 min

A session of sculpting and peptide-concentrated products, echoing laser and LED techniques. For an immediate tightening effect and visible results on skin firmness.



MELA-BRIGHT I | NEW

Radiance Treatment for Dark Spots with Antioxidants and Vitamin B3 • 50 min

A triple exfoliation for a fresh start and benchmark dermo-cosmetic ingredients to combat hyperpigmentation, uneven skin tone, and spots. From the first treatment, your complexion will be more even and radiant.



MÉSOFORCE

Revitalizing Plumping Treatment with Vitamins and Hyaluronic Acid • 50 min

A customizable treatment, directly inspired by a mesotherapy session in an aesthetic clinic, for comprehensive revitalization against signs of aging. It enhances hydration and restores the radiance of marked, dry, and asphyxiated skin.



Choose a customized anti-aging treatment



MEDI-EXCLUSIVE YOUTH TREATMENT

4 Dermo-Cosmetic Facial Treatments • 4 x 50 min

A cutting-edge program combining dermatological active ingredients and the most advanced techniques inspired by aesthetic medicine for visibly youthful results. Treatment selection is personalized after a skin diagnosis.

We design customized anti-aging programs to visibly improve skin quality: firming, targeted wrinkle treatment, radiance boost, pore tightening, plumping effect, and spot reduction.



TARGETED FACIAL TREATMENTS



CYFOLIA ORGANIC |

ORGANIC · PRODUCTS CERTIFIED BY ECOCERT

PHYTOMER

Radiance Plumping Treatment - Face and Eye Contour • 1h

This exquisite treatment includes a soothing massage and highly-effective organic products to leave the face and eye contour glowing and moisturized.

Suitable for teenagers from 13 years old.

CITYLIFE

PHYTOMER

Anti-Pollution Skin Freshness Treatment • 1h

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL

PHYTOMER

Plumping Moisturizing Treatment with Organic Algae • 1h

A treatment that combines maximum hydration and intense relaxation by combining organic marine ingredients, products with sensorial textures and a relaxing massage. Skin regains comfort and radiance.

DOUCEUR MARINE

PHYTOMER

Comforting Soothing Treatment • 1h

This pampering treatment softens your skin and enhances its protection system for soothed and perfectly hydrated skin.

OLIGOPUR

Blemish Solution Treatment • 1h

A cleansing program with proven effectiveness against imperfections for visibly healthier, clearer skin and a complexion that regains all its freshness.

PHYTOMER

NEW SKIN FOR MEN | **FOR MEN**

Customized Facial Treatment • 1h

Choose a moisturizing, anti-aging, soothing or targeted treatment to enjoy the full effectiveness of PHYTOMER protocols, adapted to the specific needs of men's skin.

PHYTOMER

CLEAR SKIN EXPRESS

Skin Cleansing Treatment • 50 min

A heating, detoxifying face mask is followed by a custom treatment to clear pores for skin that's cleansed and a complexion that's refreshed.

PHYTOMER

Personalize your facial treatment

EYE PERFECTION

Radiance Smoothing Eye Treatment • 20 min

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

PHYTOMER

RELAX BACK | **SIGNATURE TREATMENT**

Remineralizing Anti-Fatigue • 15 min

An ultra-relaxing back massage followed by a gentle application of Self-Heating Marine Mud along the spine for total relaxation, optimal detox and remineralizing effects. An add-on possibility for all facials.

PHYTOMER

WELLNESS TREATMENTS



OLIGOMER® SPA | SIGNATURE TREATMENT

PHYTOMER

Remineralizing Revitalizing Massage • 1h
With Body Exfoliation • 1h30

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and massage. The session provides a unique sensory experience thanks to OLIGOMER® Phytomer's legendary active marine ingredient, and its extraordinary remineralizing and revitalizing benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

SEA HOLISTIC

PHYTOMER

Relaxing Massage with Sea Boluses • 1h

Through soft effleurage strokes, targeted pressure and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. Gradually, your mind surrenders to an overall sense of well-being, sustainably recharging its batteries.

TRÉSOR WELLNESS | NEW

PHYTOMER

Absolute Serenity Massage • 1h

A very fluid, Ayurvedic-inspired massage that invites you to totally let go and relax. Gradually, energy returns to the whole body, which becomes lighter and more serene, as if weightless.

CALIFORNIAN WAVE

PHYTOMER

Relaxing Massage • 30 min | 1h | 1h30

The perfect combination of soothing, flowing massage techniques to unlock muscle tension and provide complete relaxation.

Suitable for teenagers from 13 years old.

SLIMMING TREATMENTS



SCULPT ZONE I SIGNATURE TREATMENT

PHYTOMER

Targeted Heating Wrap and Massage
Abdomen - Buttocks - Thighs • 1h

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic.

P5 CONTOURING TREATMENT

PHYTOMER

Full Body Massage and Algae Jam Wrap • 1h

A full body slimming treatment that combines a toning massage with an exclusive algae wrap to slim curves, reshape and tone the body.

BODY REFLEX I NEW

PHYTOMER

Ultra-Smoothing Body Scrub and Wrap
Abdomen - Buttocks - Thighs • 1h

Only 2 steps to get an instant "new skin" effect: An exfoliation combined with an ultra-smoothing body wrap, that is then massaged on targeted areas for maximum effectiveness.

SEATONIC I NEW

PHYTOMER

Body Wrap and Firming Massage • 1h

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue and prevent sagging. Result: The whole body is firmed and toned.

CELLU M6

Lipo-Modelage Minceur • 40 min

A session of fat tissue stimulation to break down and decongest infiltrated areas, firm and contour the silhouette. Ideal when combined with PHYTOMER slimming treatments.

VITAL DOME

Japanese Detox Sauna • 30 min

This treatment is exclusively offered at Trocadéro Phytomer Spa.

Inspired by Japanese tradition, the Vital Dome with long infrared provides intense heat for a deep detox effect, improving relaxation, skin quality, and overall energy levels. Ideal as a complement to a PHYTOMER slimming program.

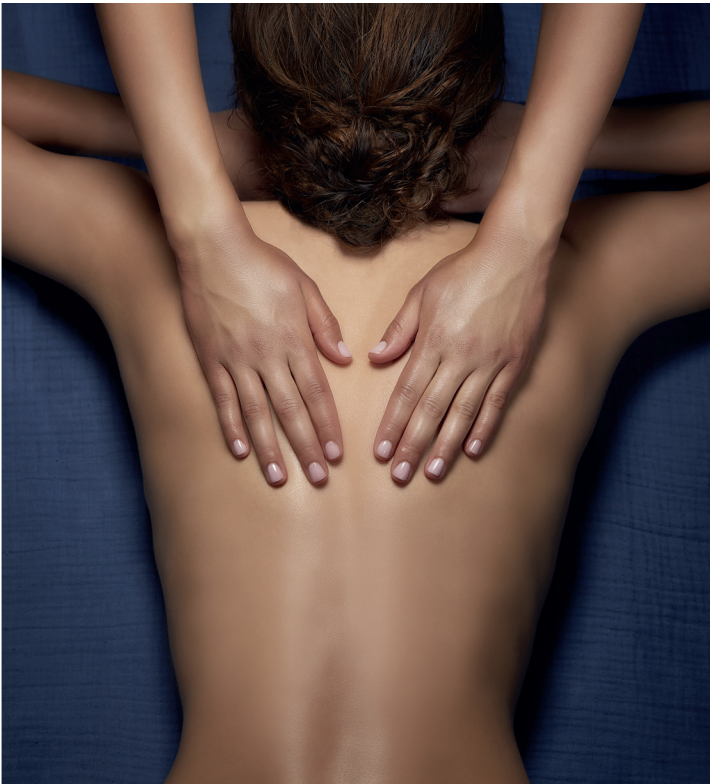
Choose a customized slimming treatment

3D BODY REMODELING TREATMENT | **NEW**
4 Massage and Wrap Treatments • 4 x 1h

PHYTOMER

A comprehensive body program addressing three dimensions: ① skin quality and cellulite, ② firmness and body tonicity, ③ centimeter loss and slimming.

We design targeted programs to transform your silhouette: Firming and toning, waist and hip slimming, contouring and cellulite reduction, and achieving slender, toned legs.



BODY BEAUTY TREATMENTS



MARINE SCRUB

Toning Body Scrub Treatment
or Silky Body Multi-Exfoliant Treatment • 50 min

An exfoliation combined with a massage for an express beauty treatment that leaves the skin soft and silky. Available with or without shower.

PHYTOMER

SPARKLES OF THE SEA | SIGNATURE TREATMENT

Remineralizing Relaxing Back Treatment • 50 min

Our signature detoxifying and remineralizing marine products enhance a tension-releasing foot, scalp and back massage.

PHYTOMER

SUN DESTINATION

Hydrating Sun-Enhancing Treatment • 1h

Gently exfoliated, the skin is then hydrated from head to toe. The finishing touch: The application of self-tanner. Ideal for a natural and radiant tan without sun exposure or to extend your holiday glow.

PHYTOMER

BEAUTY SERVICES



Discover a selection of services. For any other requests, please do not hesitate to contact us.

HAND OR FOOT BEAUTY

A professional manicure or pedicure, including nail polish application.

Classic Polish Beauty Treatment • 45 min

Semi-Permanent Polish Beauty Treatment • 1h

LUXURY HANDS OR FEET TREATMENT

An ultra-complete treatment that beautifies nails and skin. It includes a gentle exfoliation, a repairing treatment for cuticles, a hydrating massage, and nail polish application.

Luxury Treatment with Classic Polish • 1h

Luxury Treatment with Semi-Permanent • 1h15

WAXING

Half-Legs | Underarms | Basic Bikini Line

Other waxing services available upon request.

Beauty & Well-being Experiences



For 50 years, Phytomer has been creating holistic treatment rituals that ensure deep relaxation.

In the comfort and intimacy of our spa, let yourself be carried away by a wave of well-being. It's an opportunity to recharge, take a well-deserved break, and offer your loved ones a precious moment of relaxation.



Étoile Phytomer Spa

SPA RITUALS



SUPREME WELLNESS RITUAL I SIGNATURE RITUAL

PHYTOMER

Global Anti-Aging Facial SUPREME YOUTH PIONEER
& OLIGOMER® SPA Body Massage • 2h30
with Body Exfoliation • 3h

Discover the perfect blend of an instantly visible anti-aging facial and a deeply relaxing and re-energizing body treatment. This signature ritual combines the pinnacle of facial performance with an exceptional massage. All parts of your body progressively unwind, providing an extraordinary sense of well-being. Your features are relaxed, and your skin regains the radiance it deserves.

TREASURE OF WELL-BEING RITUAL I NEW

PHYTOMER

Revitalizing Radiance Facial CYFOLIA ORGANIC
& Absolute Relaxation Massage TRESOR WELLNESS • 2h

A radiant glow and well-hydrated skin with an Ecocert-certified organic facial treatment combined with an Ayurvedic-inspired body massage that invites letting go and complete relaxation. Gradually, your mind surrenders to serenity, and energy returns to your body.

DETOX REMINERALIZING RITUAL

PHYTOMER

Anti-Pollution Facial Treatment CITYLIFE
& Back Treatment SPARKLES OF THE SEA • 1h50

A complete revitalization specially designed for city dwellers. Your face is intensely hydrated. Signs of fatigue fade, your complexion becomes more even, and your skin regains its freshness. Then, an ultra-relaxing back and scalp massage combined with a warming remineralizing mud provides a total detox and anti-stress effect.

RADIANCE RELAXATION RITUAL

PHYTOMER

Complexion - Spots - Wrinkles Facial OLIGOFORCE LUMINATION
& Relaxing Body Massage CALIFORNIAN WAVE • 1h30

Youth and absolute relaxation with a comprehensive facial treatment that brightens the complexion, reduces spots, and smooths wrinkles, combined with a relaxing body massage that releases tension and provides a true sense of letting go.

PHYTOMER TREATMENT PACKAGES



Our spa has designed 3 packages that offer you preferential rates.

SIGNATURE PACKAGE 10 TREATMENTS



10 Phytomer facial treatments, body treatments, or body massages, each lasting 1 hour.

Valid for 6 months.

PRIVILEGE PACKAGE 5 TREATMENTS



5 Phytomer facial treatments, body treatments, or body massages, each lasting 1 hour.

Valid for 6 months.

SUBSCRIPTION PACKAGE



8 identical treatments purchased

=

2 identical treatments offered

Valid for 6 months.

OFFER A TREATMENT



To gift well-being to those you love. Our team will advise you on treatments and massages, and prepare a beautiful gift card for you - valid for 6 months.



GENERAL INFORMATION



RESERVATION AND CANCELLATION

The treatment must be paid for at the time of booking. If you are unable to attend, please cancel your appointment at least 24 hours in advance to receive a full refund.

GIFT CARDS AND TREATMENT PACKAGES

Gift cards and treatment packages are valid for six months. If not used within this period from the date of purchase, neither the buyer nor the recipient will be eligible for a refund. The client may choose products equivalent to the gift card value. Subscription packages are strictly personal and non-transferable and must be paid in a single payment.

YOUR ARRIVAL AT THE SPA

To fully enjoy your treatment, we recommend arriving 15 minutes before your appointment. We provide robes, slippers, towels, and disposable undergarments. If you are late, we will offer the same service if our schedule permits. Otherwise, we may need to shorten your treatment accordingly.

HEALTH

Many treatments are not recommended during pregnancy. We advise consulting your doctor and informing us of your condition at the spa reception when booking your treatments. Please also report any other specific health conditions so we can tailor our services accordingly. A medical opinion may be required.

CHILDREN

Treatments are provided to guests over 16 years old, except for the Cyfolia Organic Facial Treatment and the Californian Wave Wellness Massage, which are available for teenagers from 13 years old.

PHYTOMER

Spa & Wellness

SAINT-MALO

Phytomer Spa Émeraude

70, rue du Commandant l'Herminier

35400 Saint-Malo

Tel: +33 (0)2 23 18 31 99

spa.emeraude@phytomer.com

PARIS

Phytomer Spa Étoile

19, rue Washington - 75008 Paris

Tel: +33 (0)1 42 89 65 55

spa.etoile@phytomer.com

Phytomer Spa Trocadéro

11, rue Benjamin Franklin - 75116 Paris

Tel: +33 (0)1 45 25 79 87

spa.trocadero@phytomer.com

www.spaphytomer.com

