

# PHYTOMER

Spa & Wellness 

# PHYTOMER

Spa Émeraude

Welcome to PHYTOMER Spa Émeraude.

In 2015, PHYTOMER, known for its natural skincare made in Brittany, created PHYTOMER Spa & Wellness to share its vision of beauty and well-being. This vision is now elegantly expressed in three unique spas:

In Saint-Malo, the brand's birthplace, at PHYTOMER Spa Émeraude: A rejuvenating place in a peaceful garden, near the most beautiful beaches.

In Paris's 8<sup>th</sup> arrondissement, at PHYTOMER Spa Étoile: A sophisticated establishment inviting relaxation, just steps from the iconic Champs-Élysées.

In Paris's 16<sup>th</sup> arrondissement, at PHYTOMER Spa Trocadéro: A spa celebrating nature and well-being, at the foot of the Eiffel Tower, in the Passy district.

Our team is here to offer you a personalized treatment program that prioritizes relaxation.

And now, let's take care of you...



Phytomer Spa Émeraude is accredited with Spa-A and Spas de France, two certifications that highlight the excellence of our establishment.

# Customized Treatments



At PHYTOMER Spa Émeraude, we take care of your skin with PHYTOMER products, manufactured in our laboratories in Brittany, with respect for the environment, using the most effective natural ingredients. We combine these with professional massage techniques and a multitude of thoughtful touches to ensure your well-being.

On our menu, we also offer three other brands, which are part of the PHYTOMER family: Vie Collection, a high-performance anti-aging line inspired by aesthetic medicine, Fleur's, a sensory treasure that uses flowers to celebrate women's beauty at every stage of their lives and Phytocéane, a collection of natural treatments that invite relaxation and escape.



# ANTI-AGING FACIAL TREATMENTS



## SUPREME YOUTH PIONEER | SIGNATURE TREATMENT

PHYTOMER

### Ultimate Facial Treatment • 1h30

This premium treatment restores the skin's freshness, youth and radiance. Its exceptional massage of the entire face and décolleté visibly smooths the skin while delivering absolute wellness. Throughout the treatment, the back is enriched with trace elements and a relaxing sensation of gentle warmth.

## OLIGOFORCE LUMINATION

PHYTOMER

### Complexion - Dark Spots - Wrinkles Treatment • 1h15

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a tissue mask enriched in vitamin B3 and trace elements, to bathe the skin in light.

## EXPERT YOUTH

PHYTOMER

### Wrinkle Correction Treatment • 1h15

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and replump the face. Includes a back massage and the application of Self-Heating Marine Mud.

## GOLDEN SKIN | NEW

Fleur's

### Collagen-Boosting Redensifying Treatment • 1h

Achieve absolute youthful effects with the power of 24-carat gold, which stimulates collagen production, organic star lily, which evens out and revitalizes the complexion, and hyaluronic acid, which provides long-lasting hydration and reduces the appearance of wrinkles.

Opt for an exceptional youth treatment course

## SUPREME YOUTH TREATMENT COURSE | NEW

PHYTOMER

### 5 Anti-Aging Facial Treatments and 3 Exceptional Products

Choose excellence for your skin with 3 Supreme Youth Pioneer treatments

& 2 Oligoforce Lumination treatments

Continue the Youth experience at home with 3 ultra-performing anti-aging products.

An exceptional youth treatment course that combines cutting-edge marine active ingredients with powerful youth formulas for visible results on wrinkles . firmness . spots . radiance from the 1<sup>st</sup> treatment.

# DERMO-COSMETIC FACIAL TREATMENTS



## ULTRA-CONCENTRATED ACID PEEL

Renewing Resurfacing Treatment with 20% Glycolic Acid • 50 min

A comprehensive program combining exfoliation, glycolic acid peel, massage, mask, and radiance serum. Designed to reveal glowing, brightened, fresh, and even skin. The ultimate spot treatment to kickstart an anti-aging treatment course.



## 3-DIMENSION WRINKLE | SIGNATURE TREATMENT

Anti-Wrinkle Treatment with Botox-Like Peptides and Hyaluronic Acid • 50 min

A complementary or alternative protocol to Botox, hyaluronic acid, and growth factor injections to smooth out all wrinkles. Three steps for precise, comprehensive, and effective action on established lines.



## PRO-COLLAGEN | NEW

Lifting and Firming Treatment with Pro-Collagen Peptides • 50 min

A session of sculpting and peptide-concentrated products, echoing laser and LED techniques. For an immediate tightening effect and visible results on skin firmness.



## MÉSOFORCE

Revitalizing Plumping Treatment with Vitamins and Hyaluronic Acid • 50 min

A customizable treatment, directly inspired by a mesotherapy session in an aesthetic clinic, for comprehensive revitalization against signs of aging. It enhances hydration and restores the radiance of marked, dry, and asphyxiated skin.



Choose a customized anti-aging treatment

## MEDI-EXCLUSIVE YOUTH TREATMENT

4 Dermo-Cosmetic Facial Treatments • 4 x 50 min

A cutting-edge program combining dermatological active ingredients and the most advanced techniques inspired by aesthetic medicine for visibly youthful results. Treatment selection is personalized after a skin diagnosis.



We design customized anti-aging programs to visibly improve skin quality: Firming, targeted wrinkle treatment, radiance boost, pore tightening, plumping effect, and spot reduction.

# TARGETED FACIAL TREATMENTS



CYFOLIA ORGANIC |

ORGANIC PRODUCTS CERTIFIED BY ECOCERT

PHYTOMER

## Radiance Plumping Treatment Face and Eye Contour • 1h

This exquisite treatment includes a soothing massage and highly-effective organic products to leave the face and eye contour glowing and moisturized.

Suitable for teenagers from 13 years old.

CITYLIFE

PHYTOMER

## Anti-Pollution Skin Freshness Treatment • 1h

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL

PHYTOMER

## Plumping Moisturizing Treatment with Organic Algae • 1h

A treatment that combines maximum hydration and intense relaxation by combining organic marine ingredients, products with sensorial textures and a relaxing massage. Skin regains comfort and radiance.

DOUCEUR MARINE

PHYTOMER

## Comforting Soothing Treatment • 1h

This pampering treatment softens your skin and enhances its protection system for soothed and perfectly hydrated skin.

## OLIGOPUR

### Blemish Solution Treatment • 1h

A cleansing program with proven effectiveness against imperfections for visibly healthier, clearer skin and a complexion that regains all its freshness.

PHYTOMER

## NEW SKIN FOR MEN | **FOR MEN**

### Customized Facial Treatment • 1h

Choose a moisturizing, anti-aging, soothing or targeted treatment to enjoy the full effectiveness of PHYTOMER protocols, adapted to the specific needs of men's skin.

PHYTOMER

## DESTINATION SHIRAKAMI | **NEW**

### Organic Moisturizing Facial with Organic Aosa Water • 1h

Embark on a revitalizing journey to the heart of Japan in Shirakami with this multi-sensory organic treatment. For deeply hydrated skin and a serene, rejuvenating moment.

Phytocēane

Personalize your facial treatment

## EYE PERFECTION

### Radiance Smoothing Eye Treatment • 20 min

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

PHYTOMER

## RELAX BACK | **SIGNATURE TREATMENT**

### Remineralizing Anti-Fatigue Treatment • 15 min

An ultra-relaxing back massage followed by a gentle application of Self-Heating Marine Mud along the spine for total relaxation, optimal detox and remineralizing effects. An add-on possibility for all facials.

PHYTOMER

# WELLNESS TREATMENT



## OLIGOMER® SPA | SIGNATURE TREATMENT

PHYTOMER

### Remineralizing Revitalizing Massage • 1h With Body Exfoliation • 1h30

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and massage. The session provides a unique sensory experience thanks to OLIGOMER® Phytomer's legendary active marine ingredient, and its extraordinary remineralizing and revitalizing benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

## SEA HOLISTIC

PHYTOMER

### Relaxing Massage with Sea Boluses • 1h

Through soft effleurage strokes, targeted pressure and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. Gradually, your mind surrenders to an overall sense of well-being and sustainably recharging its batteries.

## TRÉSOR WELLNESS | NEW

PHYTOMER

### Absolute Serenity Massage • 1h

A very fluid, Ayurvedic-inspired massage that invites you to totally let go and relax. Gradually, energy returns to the whole body, which becomes lighter and more serene, as if weightless.

## AROMAVEDIC | SIGNATURE TREATMENT

### Ayurvedic Ritual with Apricot Oil • 1h with Facial Treatment • 1h30

Fleur's

A true passport to well-being, this complete Ayurvedic-inspired massage recharges the body with energy and stimulates energy centers to release tension. As an option, the face can receive a full treatment to restore its radiant beauty.



# WELLNESS MASSAGE



## DESTINATION ÉMERAUDE

Phytocēane

Relaxing Hot Stone Massage with Organic Green Tea • 1h

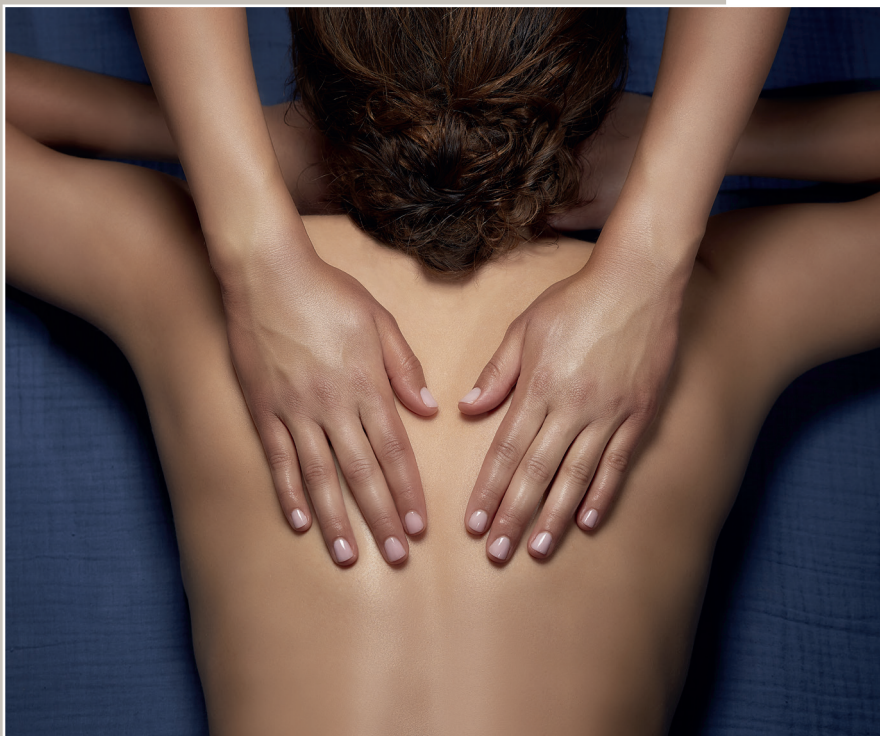
Its detoxifying organic green tea massage balm and Chinese-inspired hot stone massage make this body treatment an unforgettable wellness ritual, providing deep relaxation from head to toe.

## DESTINATION ZANZIBAR

Phytocēane

Virgin Coconut Oil Relaxing Body Massage • 1h

This treatment takes you to the clear waters of distant lagoons... Its massage with virgin coconut oil offers an instant escape. Your skin is enveloped in softness, your mind travels, and your body relaxes deeply.



# SLIMMING TREATMENTS



## SCULPT ZONE | SIGNATURE TREATMENT

PHYTOMER

### Targeted Heating Wrap and Massage Abdomen - Buttocks - Thighs • 1h

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic.

## P5 CONTOURING TREATMENT

PHYTOMER

### Full Body Massage and Algae Jam Wrap • 1h

A full body slimming treatment, that combines a toning massage with an exclusive algae wrap to slim curves, reshape and tone the body.

## SEATONIC | NEW

PHYTOMER

### Body Wrap and Firming Massage • 1h

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue and prevent sagging. Result: The whole body is firmed and toned.

Choose a customized slimming treatment

## 3D BODY REMODELING TREATMENT | NEW

PHYTOMER

### 4 Massage and Wrap Treatments • 4 x 1h

A comprehensive body program addressing three dimensions: ① skin quality and cellulite, ② firmness and body tonicity, ③ centimeter loss and slimming.

We design targeted programs to transform your silhouette: Firming and toning, waist and hip slimming, contouring and cellulite reduction, and achieving slender, toned legs.

# BODY BEAUTY TREATMENTS



## MARINE SCRUB

PHYTOMER

Toning Body Scrub Treatment • 30 min  
or Silky Body Multi-Exfoliant Treatment • 50 min

An exfoliation combined with a massage for an express beauty treatment that leaves the skin soft and silky. Available with or without shower.

## SPARKLES OF THE SEA | SIGNATURE TREATMENT

PHYTOMER

Remineralizing Relaxing Back Treatment • 50 min

Our signature detoxifying and remineralizing marine products enhance a tension-releasing foot, scalp and back massage.

## MARINE DETOX COCOON

PHYTOMER

Seaweed Wrap and Massage • 1h

An ultra-effective marine wrap combined with a targeted body massage to help eliminate toxins. Ideal before a slimming treatment.

## SUN DESTINATION

PHYTOMER

Hydrating Sun-Enhancing Treatment • 1h

Gently exfoliated, the skin is then hydrated from head to toe. The finishing touch: The application of self-tanner. Ideal for a natural and radiant tan without sun exposure or to extend your holiday glow.

## IYASHI DOME

Japanese Detox Sauna • 30 min

Inspired by Japanese tradition, the Iyashi Dome with long infrared provides intense heat for a deep detox effect, improving relaxation, skin quality, and overall energy levels. Ideal as a complement to slimming, anti-aging, or detox treatments.

# BEAUTY SERVICES



Discover a selection of services. For any other requests, please do not hesitate to contact us.

## HAND OR FOOT BEAUTY

A professional manicure or pedicure, including nail polish application.

Classic Polish Beauty Treatment • 45 min

Semi-Permanent Polish Beauty Treatment • 1h

## LUXURY HANDS OR FEET TREATMENT

An ultra-complete treatment that beautifies nails and skin. It includes a gentle exfoliation, a repairing treatment for cuticles, a hydrating massage, and nail polish application.

Luxury Treatment with Classic Polish • 1h

Luxury Treatment with Semi-Permanent Polish • 1h15

## WAXING

Half-Legs | Underarms | Basic Bikini Line

Other waxing services available upon request.



# Beauty & Well-being Experiences



For 50 years, Phytomer has been creating holistic treatment rituals that ensure deep relaxation.

In the comfort and intimacy of our PHYTOMER Émeraude SPA, let yourself be carried away by a wave of well-being. It's an opportunity to recharge, take a well-deserved break, and offer your loved ones a precious moment of relaxation.



# SPA RITUALS



## SUPREME EMERAUDE RITUAL | SIGNATURE RITUAL

PHYTOMER

Global Anti-Aging Facial SUPREME YOUTH PIONEER  
& OLIGOMER® SPA Body Massage and Exfoliation • 2h45

Discover the perfect blend of an instantly visible anti-aging facial and a deeply relaxing and re-energizing body treatment. This signature ritual combines the pinnacle of facial performance with an exceptional massage. All parts of your body progressively unwind, providing an extraordinary sense of well-being. Your features are relaxed, and your skin regains the radiance it deserves.

## TREASURE OF WELL-BEING RITUAL | NEW

PHYTOMER

Revitalizing Radiance Facial CYFOLIA ORGANIC  
& Absolute Relaxation Massage TRESOR WELLNESS • 2h

A radiant glow and well-hydrated skin with an Ecocert-certified organic facial treatment combined with an Ayurvedic-inspired body massage that invites letting go and complete relaxation. Gradually, your mind surrenders to serenity, and energy returns to your body.

## DETOX REMINERALIZING RITUAL

PHYTOMER

Anti-Pollution Facial Treatment CITYLIFE  
& Back Treatment SPARKLES OF THE SEA • 2h

A complete revitalization specially designed for city dwellers. Your face is intensely hydrated. Signs of fatigue fade, your complexion becomes more even, and your skin regains its freshness. Then, an ultra-relaxing back and scalp massage combined with a warming remineralizing mud provides a total detox and anti-stress effect.

## FLORAL BEAUTY RITUAL | NEW

Fleur's

Collagen-Boosting Redensifying Treatment GOLDEN SKIN  
& Body Massage AROMAVÉDIC • 2h

The absolute youthful power of 24-carat gold, star lily, and hyaluronic acid combined with an energizing Ayurvedic-inspired body massage. For an unparalleled plumping result and a release that soothes the senses.

## ESCAPE RITUAL | NEW

Phytocēane

Organic Hydrating Treatment with Organic Aosa Water DESTINATION SHIRAKAMI  
& Body Massage DESTINATION ZANZIBAR • 2h

A sensory journey combining a revitalizing moment in the heart of Japan for ideally hydrated skin and a sunlit interlude in the crystal-clear waters of Zanzibar with a relaxing body massage using Virgin Coconut Oil.

## WELLNESS SUITES



Decorated with refinement and elegance, the suites offer exceptional comfort and state-of-the-art professional amenities. Each suite features a private treatment area with its own dressing room, bathroom, relaxation room, and private terrace overlooking a garden.

For optimal relaxation, the single IROISE suite of 40 m<sup>2</sup> includes a large bathtub, while the duo ÉMERAUDE suite of 60 m<sup>2</sup> features a fully glass-enclosed private hammam.

The suite can be reserved in addition to your treatment



# PHYTOMER TREATMENT PACKAGES



PHYTOMER Spa Émeraude has created 3 packages that offer you preferential rates.

## SIGNATURE PACKAGE 10 TREATMENTS



10 Phytomer facial treatments, body treatments, or body massages, each lasting 1 hour.

Valid for 6 months

## PRIVILEGE PACKAGE 5 TREATMENTS



5 Phytomer facial treatments, body treatments, or body massages, each lasting 1 hour.

Valid for 6 months

## SUBSCRIPTION PACKAGE



8 identical treatments purchased

=

2 identical treatments offered

Valid for 6 months

Offer a treatment at PHYTOMER Spa Émeraude

To gift well-being to your loved ones. Our team will advise you on treatments and massages and prepare a beautiful gift card for you - valid for 6 months.



# GENERAL INFORMATION



## RESERVATION AND CANCELLATION

The treatment must be paid for at the time of booking. If you are unable to attend, please cancel your appointment at least 24 hours in advance to receive a full refund.

## GIFT CARDS AND TREATMENT PACKAGES

Gift cards and treatment packages are valid for six months. If not used within this period from the date of purchase, neither the buyer nor the recipient will be eligible for a refund. The client may choose products equivalent to the gift card value. Subscription packages are strictly personal and non-transferable, and must be paid in a single payment.

## YOUR ARRIVAL AT THE SPA

To fully enjoy your treatment, we recommend arriving 15 minutes before your appointment. We provide robes, slippers, towels, and disposable undergarments. If you are late, we will offer the same service if our schedule permits. Otherwise, we may need to shorten your treatment accordingly.

## HEALTH

Many treatments are not recommended during pregnancy. We advise consulting your doctor and informing us of your condition at the spa reception when booking your treatments. Please also report any other specific health conditions so we can tailor our services accordingly. A medical opinion may be required.

## CHILDREN

Treatments are provided to guests over 16 years old, except for the Cyfolia Organic Facial Treatment and the Californian Wave Wellness Massage, which are available for teenagers from 13 years old.

# PHYTOMER

Spa & Wellness

## SAINT-MALO

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